

Post-Operative Instructions

PERMANENT CROWN

A root canal treatment is not successful if the tooth is not protected with a permanent crown. The gum tissue surrounding your new crown may be red, inflamed, bleed easily, and sore immediately after placement of the crown

After the final cementation of your restoration, it may take a few days to get used to the new crown or bridge.

Hot and cold sensitivity is possible for a few days and occasionally lasts for several weeks

Do's

- Proper brushing, flossing, and regular cleaning is required to help you retain your final restoration
- If your crown is loose or has come off, call the office immediately. Many times a loose crown can be re-cemented, if it is treated immediately. If your crown is off, store it in a plastic bag and bring it into the office immediately. Delay in seeking treatment could lead to need for a new crown, decay, or loss of the tooth.

Don'ts.

- Crowns are **not** able to withstand the forces of biting on non-food items such as anything made of plastic, wood, or metal. **Avoid biting on all non-food items.**
- Crowns will also **not** withstand the forces of trauma from a fall or blow to the face and/or dentition.
- It is recommended to avoid the following food items – hard candies, chewing gum, caramels, raw carrots or ice.

If you grind your teeth excessively, a hole can be worn through a crown which could lead to decay and/or the loss of the crown. If you notice a hole in your crown, bring it to the dentist's attention